



Carers Rights Day is about raising awareness of carers' rights and entitlements, to help carers get the support they need.

Carers need to know their rights wherever they are in their caring journey. On Carers Rights Day, NEWCIS aim to empower carers with information and support, helping them to feel confident asking for what they need and challenge things when their rights are not being met.

**Here is a summary of our events throughout the week
(20th - 24th November)...**

FLINTSHIRE

Wednesday 22nd November 10:30am - 1pm

NEWCIS, New Street, Mold, CH7 1NZ

Drop in on Wednesday at NEWCIS, Mold for information on the support available for unpaid carers and your rights.



DENBIGHSHIRE

****MAIN EVENT****

Thursday 23rd November 10am - 2pm

Jubilee Community Centre, Seabank Drive Prestatyn LL19 7PP

This year we're bringing together a range of organisations to provide advice, support and information to unpaid carers (and maybe a freebie or two!). Including North Wales Police, Energy Saving Trust, Marie Curie, KIM Inspire, Age Connects North East Wales and many more!
Booking not required - just turn up!

Thursday 23rd November @ Glan Clwyd Hospital

At: Central Core from 10am - 3pm

A representative from NEWCIS will be present with an information stand.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board



Talking Points

If you or someone you know needs help with daily life or would like support to access local social groups, come along to a Talking Point. Advice available from a range of voluntary organisations and social services by drop-in or appointment. NEWCIS will be present at the following Talking Points:

- 6th November – St Asaph Library 9.30-12
- 15th November – Denbigh Library 9.30-12
- 17th November – Ruthin Library 9.30-12
- 21st November – Rhyl Library 9.30-12
- 24th November – Prestatyn Library 9.30-12
- 29th November – Llangollen Library 9.30-12





For the third year, Denbighshire Leisure Ltd will be lighting up their facilities in NEWCIS brand colours (purple and green) to raise awareness for Carers Rights Day.

Jamie Groves, Managing Director of Denbighshire Leisure Ltd said *“Taking care of someone else can bring many challenges, and knowing where to get the right support can be crucial. At Denbighshire Leisure Ltd we are delighted to light up buildings to help raise awareness of the Carers’ Rights campaign.”*

Walk or drive through Rhyl town to see the lights on Thursday and then join us for hot drink from 6pm at The SunVerge, East Parade, Rhyl.

Please contact shelagh@newcis.org.uk if you wish to join us.

WREXHAM

Monday 20th November, 12pm - 3pm

Drop in on Monday at NEWCIS, Wrexham for information on the support available for unpaid carers and your rights.

Roadshows:

We’re delighted to be putting on a couple of roadshows in partnership with Wrexham County Borough Council during Carers Rights Day this November.

It will be a chance for carers to hear more about the support available for unpaid carers, the services NEWCIS provide, and enjoy some refreshments.

Chirk Parish Hall – 10am – 12pm on Wednesday 22nd November

Golden Lion, Rossett, 10.45 – 11.45am Friday 24th November