

Course Timetable Spring 2022

Aura Leisure and Libraries

Course	Venue	Start Date	Time	Contact for further details
Mindfulness	Online - Zoom	10.01.22 for 6 weeks	14.30 – 15.30	Stephanie Fearnley Stephanie.fearnley@aura.wales
Tai Chi	Online - Zoom	03.03.22 for 5 weeks	15.00 – 16.00	Vickie Evans Vickie.isaac@aura.wales
L2 Safeguarding & Protecting Children	Deeside Leisure Centre, Chester Road West, CH5 1SA	16.03.22	18.00 – 21.00	Hannah Tellett-Davies Hannah.tellett-davies@aura.wales
L3 Emergency First Aid at Work	Deeside Leisure Centre, Chester Road West, CH5 1SA	10.02.22	09.30 – 15.30	To book, please email training@groundworknorthwales.org.uk or phone 01978 757524 and ask for the Training Team.
L3 Emergency Paediatric First Aid	Deeside Leisure Centre, Chester Road West, CH5 1SA	24.02.22 & 03.03.22	18.00 – 21.00	
L3 Emergency Paediatric First Aid	Deeside Leisure Centre, Chester Road West, CH5 1SA	10.03.22	09.30 – 15.30	
L2 Mental Health First Aid	Connah's Quay Library, Wepre Drive, CH5 4HA	01.03.22	9.30 – 15.30	

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Am fwy o wybodaeth
For more information:

07584 335 409
e: acl@wrexham.gov.uk

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North East Wales ACL

 @northeastwalesACL



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Adult Community Learning
North East Wales